

Mike Sanyshyn's Reel (3:38)

Artist: Calvin Vollrath

Calvin lives in St. Paul, Alberta. Born and Raised in Edmonton, Alberta. He is known for Métis fiddle. He has composed more than 600 tunes, and released more than 65 albums. Calvin composed this tune in honor of another Canadian fiddler, Mike Sanyshyn (Born in Alberta, Lives in Coverdale, BC).

Album: Certified Canadian Fiddler

Choreography: Andy Howard (Atlanta, GA) in honor of the Premier Canada National Convention, 2019

Level: Intermediate

Intro: Hold 16 Counts

PART A

Syncopated Stomp

Time Step

Toe Pick (Skate and Toe)

Unclog Basic (Turn ½ Left)

REPEAT

PART B

Double Basic Kick (Crossing Left)

(Clap) Winnie

Rocking Chair (Turn ½ Left)

REPEAT

PART C

Waterloo (Turn ½ Left)

Bonanza (4 Counts)

Double Basic Kick

REPEAT

PART D

Rooster Run

Rougie Triple

Charleston Brush (optional Stamp in place of Tch)

REPEAT ON OPPOSITE FOOT / DIRECTION

REPEAT ENTIRE DANCE – A, B, C, D

ENDING

Stomp Mountain Basic

Step (L) Toe (R, in back)

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PAGE 2 - STEP BREAKDOWN – MIKE SANYSHYN'S REEL

Syncopated Stomp	Stomp DS Stomp DS Stomp L R L R L
Time Step	CLAP Stomp (xif) S (ib) S (ots) Stomp (xif) S (ib) S (ots) Stomp R L R L R L R
Unclog and Basic Turn ½ Left	Stamp Stomp Brush Heel DS RS L L R L R LR
Toe Pick	DS Slide RS S (ots) Toe (ib) Hop (or Heel) L L RL R L R
Double Basic Kick (Crossing)	DS DS (xif) RS Brush Heel L R LR L R
(Clap) Winnie	CLAP Stomp Dbl (b) Heel Brush Heel Tch (if) Heel Tch (ots) Heel L R L R L R L R L DS Dbl Twist (Heels Left) Twist Lift R L both both L
Rocking Chair Turn ½ Left	DS Br Heel DS RS L R L R LR
Waterloo Turn ½ Left	DS RS (xif) RS (ots) Heel (if) Toe (ib) Heel (if) Lift RS DS Kick/Drag S L RL RL R R L L LR L R L R
Short Bonanza (4 Counts) Forward and Left Diagonal	DS DS Dbl Heel Dbl Heel L R L R L R
Double Basic Kick Back Up (Not Diagonal)	DS DS RS Brush Heel L R LR L R
Stomp Brush and Basic Turn ¼ Left	Stomp Brush Heel DS RS L R L R LR
Rooster Run	DS DS (xif) S (ots) S (xib) S (ots) S (xif) L R L R L R
Rougie Triple	DS DS (xib) S (ots) S (if) Slide S DS DS DS RS L R L R R L R L R LR
Charleston Brush (Can Replace Tch with Stamp)	DS Tch (if, or Stamp) RS Brush L R RL R