

Better When I'm Dancin'

Intermediate +

Recorded by Meghan Trainor Genre: Pop Time: 2:56

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Sequence: Wait 16 A – B – C – D – A – B – C – D* – Break – ½ C – C – D* – ½ C*



PART A (32 beats)

STOMP Dbl/Up DS RS
1 & 2 &3 &4
L R R R LR

DS H/Up DS H/Up
&1 & 2 &3 & 4
L R R L

ST Push Around Push Around Push Around
1 & 2 & 3 & 4
L R L R L R L

Stomp DS RS *OH EY OH**
1 &2 &3 & 4 &
R L RL *Point to L corner – Up & Down**

S SL RS SL RS
1 & 2& 3 &4
L L RL L RL

DT(ots) RS DT(ots) BA/SL
&1 &2 &3 & 4
R RL R R R

Stomp DT(xif) DT(os) BA BA BA S KICK RS/OH EY OH*
1 &2 &3 & 4 & 5 &6 & 7 & 8
L R R R L R L R RL

PART B (32 beats)

Stomp DS DS Stamp/Up DS RS RS RS
1 &2 &3 & 4 &5 &6 &7 &8
L R L R R R LR LR LR

DS RS(xif) RS(os) RS(xib) DS RS RS RS
&1 &2 &3 &4 &5 &6 &7 &8
L RL RL RL R LR LR LR

S(xif) S(ib) S RS S(xif) S(ib) S RS
1 2 3 &4 5 6 7 &8
L R L RL R L R LR

BA/Pivot S/Point BA/Pivot S
1 & 2 3 & 4
L R R L R R

S S S S
1 2 3 4
L R L R

Mountain Basic

2 Heels Ups

Stomp Push Around

Turns 360° L

Stomp Double Basic

RS ends with L foot pointed 45° L

Cole Step

Moves to L corner

Flares w/ Fancy Chug

Moves R

Ghostbuster (modified)

Turn 360° Right - RS ends with L foot pointed 45° L

Cowboy Stomp

Moves fwd & back

With attitude

Donkey & Chain

Hands – encourage LOUD

Turns ½ R

Cha-Cha

Pivots

Pivot R to front, then to back

4 Steps

Turn ¾ R

with attitude

PART C (32 beats)

DS BA(xif) BA(xib) BA(os) BA(xif) BA(xib) UP/SL
&1 & 2 & 3 & 4
L R L R L R L/R

SL RS RS BR/Up
1 &2 &3 & 4
R LR LR L L

S S S S S Dbl(os) S S BA/Slide
& 1-2 & 3-4 L R R L R/R
L R L R 5 &6 & 7 & 8

S Tch(xif)/Turn Down S Tch(xif)/Turn Down
1 2 3 4 5 6 7 8
L R Both L R Both

DS DS DR/S DR/S R/H/Flap S DS RS
&1 &2 & 3 & 4 & 5 & 6 &7 & 8
L R R L L R L/R R L R LR

½ C = Mountain Goat, Double Rock Brush, Side Steps (done facing fwd) & Flare Slide (turns ¼ L on BA/Slide).
½ C* = same plus RS to end.

Mountain Goat
Moving Forward
(facing L)

Double Rock Brush
Turn R to front on Br/Up

Side Steps & Flare Slide

Cross Turn – Hug & Shrug
Turn ½ L to back - hug
Turn ½ L to front –
“whatever” hands

Sam Turk

PART D

S Dbl(xif) Dbl(os) RS BR/Up HS DS DS
1 &2 &3 &4 & 5 &6 &7 &8
L R R RL R R R L R

Hop H Hop ST(xib) Hop H Hop ST(xib) Hop H/Turn/S DS RS
& 1 & 2 & 3 & 4 & 5 & 6 &7 &8
L R R L R L L R L R R L R LR

D* - Turn ½ L on MacNamara. Repeat with same footwork.

Wildflower
Moves R

MacNamara
Turn 360° L

BREAK (16 beats)

S(os) Slur(xib)/S DS RS S(os) Slur(xib)/S DS RS
1 & 2 &3 &4 5 & 6 &7 &8
L R R L RL R L L R LR

Tch(if) Push It Tch(if) Push It S S S S
1 2 3 4 5 6 7 8
L Both L Both L R L R

Dancin’
Ballroom hands

Push It & Steps
Back up on Steps
with attitude

DS	Double Step	xif	Cross in front	H	Heel	L	Left
RS	Rock Step	ib	In back	BR	Brush	R	Right
K	Kick	os	Outside (to the side)	BA	Ball	S	Step
xib	Cross in back	if	In front	Tch	Touch	TS	Toe Step